

Les Croupiers Running Club
All Time Ranking List - 4 miles
All Athletes - Qualification 22:45 (updated 31 Dec 2014)

Rank	Athlete	Time	Venue	Date
1	Julian Baker	19:56	Rose Inn Race 3	11/07/2000
2	Mick McGeoch	20:14	Victoria Park - Bath	07/11/1992
3	David J Williams	20:21	Rose Inn Race 2	08/06/1999
4	Stepen Paterson	20:40	Rose Inn Race 3	12/07/2011
5	Geran Hughes	20:50	Rose Inn Race 1	12/05/1998
6	Simon Nurse	20:52	Rose Inn Race 2	08/06/1999
7	Stephen Paterson	20:53	Rose Inn Race 1	13/05/2014
8	Chris Discombe	20:55	Rose Inn Race 1	08/05/2007
9	Jerome Edwards	21:01	Rose Inn Race 1	10/05/2011
10	Edward Donovan	21:02	Rose Inn Race 4	13/08/2013
11	Huw Evans	21:10	Rose Inn Race 4	13/08/2013
11	Oliver Williams	21:10	Rose Inn Race 2	10/06/2014
13	Kelvin Sullivan	21:13	Newport Promenade Race 3	02/09/1993
14	Steve Robst	21:20	Rose Inn Race 2	08/06/1999
15	Stuart Crees	21:22	Rose Inn Race 1	09/05/2006
16	Calum Cheshire	21:30	Rose Inn Race 2	09/06/2009
17	Alun Williams	21:31	Rose Inn Race 4	08/08/2006
18	Nick Dukes	21:32	Rose Inn Race 1	10/05/2011
19	Richard Dunn	21:34	Newport Promenade Race 3	02/09/1993
20	Rob Evans	21:36	Rose Inn Race 1	12/05/1998
21	Barry Johnston	21:37	Rose Inn Race 4	08/08/2000
21	Martin Pengilly	21:37	Newport Promenade Race 3	02/09/1993
23	John Huggins	21:42	Newport Promenade Race 1	04/06/1992
23	Peter Kellam	21:42	Rose Inn Race 1	11/05/1999
25	Martin Pinnell	21:43	Newport Promenade Race 3	02/09/1993
26	Rob Sage	21:45	Rose Inn Race 2	10/06/2014
27	Eddy Amblin	21:46	Newport Promenade Race 3	02/09/1993
28	John Dimond	21:47	Newport Promenade Race 1	01/07/1993
29	Chris Millington	21:51	Rose Inn Race 4	13/08/2013
30	Gareth Thomas	21:53	Rose Inn Race 1	10/05/2005
31	Keith Quinn	21:59	Rose Inn Race 4	10/08/1999
32	Tom Jeffery	22:06	Rose Inn Race 1	12/06/2012
32	John Plain	22:06	Newport Promenade Race 3	02/09/1993
34	Kit Edwards	22:07	Run and Become 4 miles	29/07/2005
34	Mike Lewis	22:07		
36	Rob Dumazel	22:09	Newport Promenade Race 1	01/07/1993
37	Lee Aherne	22:10		
37	Phil Cook	22:10	Run and Become 4 miles	09/07/2010
37	Keith Davies	22:10	Rose Inn Race 1	10/05/2005
40	Tim Daley	22:15	Newport Promenade Race 1	01/07/1993
40	Matthew Hurford	22:15	Rose Inn Race 1	13/05/2014
42	Rob Jones	22:22	Rose Inn Race 3	09/07/2002
43	Martin Williams	22:25	Rose Inn Race 1	12/06/2012
44	Jeff Aston	22:28	Newport Promenade Race 2	05/08/1993
45	John Crofts	22:29	Rose Inn Race 4	10/08/1999
45	Dave James	22:29	Rose Inn Race 3	10/07/2012
47	Stuart Reeves	22:31	Rose Inn Race 4	08/08/2000
48	Phil George	22:32	Rose Inn Race 2	10/07/2007
49	Andrew Cleves	22:33	Rose Inn Race 4	10/08/1999
50	Dave Headon	22:39	Rose Inn Race 4	13/08/2002

51 Gareth Lynch	22:45	Rose Inn Race 1	08/05/2012
51 Stuart Mclroy	22:45	Rose Inn Race 2	08/06/2010