## Welsh Road Relay Championships - Medal Winners

	Senior Men	Men Over 35	Men Over 55	Senior Women	Women Over 45
1985	Bronze				
1986				Gold	
1987				Gold	
1988				Silver	
1989				Silver	
1990				Silver	
1991				Bronze	
1994				Bronze	
1997				Bronze	
2000	Silver				
2002	Bronze			Silver & Bronze	
2003	Bronze			Bronze	
2006				Gold & Silver	
2008	Bronze				
2013	Bronze				
2014	Bronze				
2015		Gold	Gold		Gold