

Our teams' positions at the British Masters Road Relays

Year	M35	M40	M50	M60		F35	F45	F55	F65
1988		44	12			SILVER			
1989		49				4			
1990		28				7			
1991		47				8			
1992									
1993		37	37			9			
1994									
1995		35	44			12	10		
1996		14				7	13		
1997		21	18			GOLD			
1998		6				BRONZE	6		
1999		16	32			GOLD	9		
2000		30	21	18		6			
2001		14	31			10	12	SILVER	
2002		40	24			7	11		
2003		47	38	18		10	17	BRONZE	
2004		34	27	23		12	12		
2005		32	23	24		15	8	BRONZE	
2006	12	24	23			10	BRONZE	SILVER	
2007	12	35	17	15		13		5	
2008	4			20		9	4	SILVER	
2009	20	21	15	23		17	6	5	
2010			12	27			6	4	
	M35	M45	M55	M65		F35	F45	F55	
2011	18	10	4			12	4	SILVER	
2012	7	14	17			7	6	4	GOLD
2013	BRONZE	20	GOLD			7	6	6	
2014	SILVER	19 & 41	6 & 14	12		21	11	5	
2015	6	16 & 34	11			13	7 & 21		GOLD
2016	23	28	SILVER & 20	5			5		
2017			5	14					
2018	5 & 23	12	26	5		9			
2019		5		5				5	4

The Relays were first held in 1988 – hence this was the 32nd annual edition, and the 25th time the race has been held in Sutton Park. Previous venues:

1988: Tring

1990, 1994 and 1998: Rushmoor Arena, Aldershot

1992: Dunsfold

1996 and 2000: Heaton Park, Manchester

1989, 1991, 1993, 1995, 1997, 1999 and 2001-19: Sutton Park, Birmingham

When first held in 1988, the Relays had just four events – M40, M50, M60 and Ladies.

In 1995, separate F35 and F45 races were held for the first time.

In 1999, F55 and M70 races were added.

In 2006, an M35 race was added (make of that what you will!)

In 2011, the male age groups were revised to M35-44, M45-54, M55-64, M65-74 etc.

Croupiers medal-winning teams have been:

1988: Ladies: Sue Neal, Sonya Moore, Edwina Turner, Ruth Collishaw - **SILVER**

1997: F35: Wendy Edwards, Julie Scholey, Edwina Turner – **GOLD**

1998: F35: Wendy Edwards, Liz Clarke, Edwina Turner – **BRONZE**

1999: F35: Glenda Edwards, Wendy Edwards, Edwina Turner – **GOLD**

2001: F55: Annie Conroy, Clare Johnson, Ruth Collishaw – **SILVER**

2003: F55: Annie Conroy, Clare Johnson, Ruth Collishaw – **BRONZE**

2005: F55: Annie Conroy, Clare Johnson, Ruth Collishaw – **BRONZE**

2006: F45: Veronica Singleton, Julie Scholey, Jane Coker – **BRONZE**

2006: F55: Sue Neal, Clare Johnson, Ann James – **SILVER**

2008: F55: Edwina Turner, Sue Neal, Ann James – **SILVER**

2011: F55: Ann James, Clare Johnson, Caroline Dallimore – **SILVER**

2012: F65: Annie Conroy, Clare Johnson, Ruth Collishaw – **GOLD**

2013: M35: Graham Breen, Stuart Crees, Nicholas Dukes, Julian Baker, Matthew Hurford, Robert Sage, Martin Rees, Phil Cook – **BRONZE**

2013: M55: Elio Lepore, Paul Coker, Mike Murphy, Dave James – **GOLD**

2014: M35: Steve Paterson, Jerome Edwards, Martin Rees, Ed Donovan, Robert Sage, Graham Breen – **SILVER**.

2015: F65: Clare Johnson, Mal Rowson, Ann James – **GOLD**

2016: M55: Elio Lepore, Dave James, Martin Rees - **SILVER**

Comparisons between different years and venues may not be meaningful, however, this year the course was 3.16 miles, having been three miles exactly from 1999 through 2017. They call it progress! During that period, according to my records, our fastest individual male performer was Richie Bullen 15:17 (2002), and fastest female was jointly held by Wendy Edwards and Edwina Turner with 17:53 (1999). Prior to 1999 the Sutton Park course was measured as 3 miles 8 yards – so please find below an attempt to rank club performances (given, of course, the fact that weather conditions can be variable). At the very least, the table is meant to provoke a bit of banter and friendly rivalry.

32nd National Masters Road Relay Championships

Sutton Park, Sutton Coldfield

Saturday 18 May 2019 (all run 3.16 miles)

Men 45-54 (4)		Men 55-64 (3)	Men 65-74 (3)
Richard Ross 17:10		Richard Bullen 20:50	Michael Cranwell 23:02
Emyr Morgan 18:27			Rob Evans 21:38
Richard Baker 17:44			Mike Davies 23:59
Matt Hurford 17:51			
5 (of 40) in 1:11:12			5 (of 9) in 1:08:39
1 st : Leicester Cor 1:08:37		1 st : Leicester Cor 54:38	1 st : Oxford City 1:03:42

		Ladies 55-64 (3)	Ladies 65+ (3)
		Julie Scholey 23:32	Clare Johnson 31:40
		Yvonne Bullen 22:11	Eirian Arwyn 29:27
		Aelwen Blythe 22:09	Ann James 26:30
		5 (of 11) in 1:08:52	4 (of 5) in 1:27:37
		1 st : Dulwich Runners 1:04:20	1 st : Worcester AC 1:16:42

31st National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 28 April 2018 (all run 3.16 miles)**

Men 35-44 (6) "A"	Men 35-44 (6) "B"	Men 45-54 (4)	Men 55-64 (3)
Glyn Fletcher 16:49	Daryl Beggs 20:28	Richard Baker 17:10	Elio Lepore 20:10
Richard Jackson-Hookins 16:56	Matt Hopkins 19:32	Richard Ross 17:24	Alan Mason 28:28
Stuart Crees 17:52	Hector Cortez 20:26	Jeremy Davies 20:45	Paul Morris 23:23
Lyndon Tudor-Maisey 17:59	Marcus Coles 22:42	Phil Cook 18:07	
Ed Donovan 17:23	Richard Jackson-Hookins 17:35		
Stephen Paterson 17:28	Rob Sage 20:13		
5 (of 31) in 1:44:30	23 (of 31) in 2:00:56	12 (of 41) in 1:13:26	26 (of 29) in 1:12:01
1 st Salford Harr. 1:39:19	1 st Salford Harr. 1:39:19	1 st : Cambuslang 1:09:32	1 st : South London H 55:10

Men 65-74 (3)	Ladies 35-44 (4)		
Mick Tabor 22:13	Claire Bruce 21:21		
Michael Cranwell 23:59	Claire Jacobs 21:41		
Mike Davies 23:34	Janneke van Beijnum 21:11		
	Aelwen Blythe 21:31		
5 (of 13) in 1:09:46	9 (of 29) in 1:25:44		
1 st :Oxford City 1:04:02	1 st : Rotherham Harr 1:15:59		

30th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 20 May 2017 (all run 3 miles)**

		Men 55-64 (3)	Men 65-74 (3)
		Dave Coles 19:19	Michael Cranwell 20:57
		Vince Nazareth 17:50	Mike Davies 22:24
		Dave James 18:01	Jeff Aston 30:13
		5 (of 28) in 55:10	14 (of 14) in 1:13:34
		1 st : South London H 52:10	1 st : Oxford City 59:52

29th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 14 May 2016 (all run 3 miles)**

Men 35-44 (6)	Men 45-54 (4)	Men 55-64 (3)	Men 65-74 (3)
Glyn Fletcher 16:13	Martin Williams 17:27	Elio Lepore 18:07	Michael Cranwell 20:10
Phil Cook 16:31	Andrew Blair 17:14	Dave James 19:00	Mike Davies 20:59
Lyndon Tudor-Maisey 17:59	Richard Self 18:46	Martin Rees 16:28	John Plain 22:21
Matt Govier 17:37	Evatt Cummings 19:35		
Dave E Williams 21:00			
Marcus Coles 20:27			
23 (of 38) in 1:49:47	28 (of 48) in 1:13:02	SILVER (of 37) in 53:35	5 (of 13) in 1:03:30
1 st Morpeth Harr. 1:31:55	1 st : Thames H&H 1:05:14	1 st : South London H 52:52	1 st : Stockport H 58:53

	Ladies 45-54 (3)		Men 55-64 (3) "B" Team
	Susan Watson 20:36		Rob Evans 18:56
	Ruth Deards 21:07		Mick Tabor 19:41
	Carol Rees 20:58		Mick McGeoch 20:03
	5 (of 23) in 1:02:41		20 (of 37) in 58:40
	1 st : Dulwich Runners 58:26		1 st : South London H 52:52

28th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 16 May 2015 (all run 3 miles)**

Men 35-44 (6)	Men 45-54 (4)	Men 55-64 (3)	Men 65-74 (3)
Steven Paterson 16:19	Martin Williams 17:12	Rob Evans 19:24	Mike Davies 20:34
Huw Evans 15:45	Ben Farag 18:34	Dave Coles 18:23	Jeff Aston 24:28
Matt Hurford 16:41	Andrew Blair 17:18	Dave James 18:17	
Martin Rees 16:09	Richard Bullen 18:50		
Mark Finlayson 17:10			
Phil Cook 15:57			
6 (of 43) in 1:38:01	16 (of 43) in 1:11:54	11 (of 34) in 56:04	Only 2 runners
1 st : Thames H&H 1:34:49	1 st : Aldershot F&D 1:05:13	1 st : RH Cambuslang 52:25	1 st : Oxford City 59:48

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)	Ladies 65+ (3)
Claire Beatty 19:02	Julie Scholey 21:37		Clare Johnson 28:29
Angela Champion 21:21	Susan Watson 20:37		Mal Rowson 28:33
Sarah McCarthy 21:42	Sian Roberts 21:19		Ann James 23:36
Helen Jessop 20:46			
13 (of 32) in 1:22:51	7 (of 23) in 1:03:33		GOLD (of 3) in 1:20:49
1 st : Belgrave 1:12:28	1 st : Salford Harriers 56:05	1 st : City Norwich 1:04:16	1 st Les Croups 1:20:49

In addition, clubs were allowed to field more than one team in a single age category.

Men 45-54 (4) "B" Team	Ladies 45-54 (3) "B" Team	
Evatt Cummings 19:20	Glenda Edwards 25:01	
Kevin Jones 19:29	Caroline Dallimore 23:52	
David E Williams 20:27	Yvonne Bullen 24:56	
Mick McGeoch 19:37		
34 (of 43) in 1:18:53	21 (of 23) in 1:13:49	
1 st : Aldershot F&D 1:05:13	1 st : Salford Harriers 56:05	

27th National Masters Road Relay Championships

Sutton Park, Sutton Coldfield

Saturday 17 May 2014 (all run 3 miles)

Men 35-44 (6)	Men 45-54 (4)	Men 55-64 (3)	Men 65-74 (3)
Steven Paterson 15:37	Martin Williams 17:45	Brian Richardson 18:44	Ralph Davey 23:40
Jerome Edwards 16:23	Richard Bullen 17:54	Elio Lepore 18:00	Jeff Aston 26:25
Martin Rees 16:15	Richard Self 18:41	Mick Tabor 19:13	John Plain 21:45
Ed Donovan 16:04	David Coles 18:24		
Robert Sage 16:23			
Graham Breen 15:22			
SILVER (of 36) in 1:36:04	19 (of 41) in 1:12:44	6 (of 29) in 55:57	12 (of 17) in 1:11:50
1 st : Altrincham 1:34:48	1 st : Leicester Cor 1:04:44	1 st : Woodford Green 51:50	1 st : Rotherham 58:04

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Claire Beatty 18:25	Julie Scholey 21:37	Ann James 23:36
Michelle Rivett 27:09	Jane Coker 20:46	Rosemary Williams 27:47
Kate Russell 23:47	Yvonne Bullen 24:32	Caroline Dallimore 24:20
Susan Watson 20:02		
21 (of 26) in 1:29:23	11 (of 22) in 1:06:55	5 (of 10) in 24:20
1 st : Stroud & Dist. 1:13:44	1 st : Denby Dale 57:27	1 st : Team Bath 1:02:30

For the first time ever, clubs were allowed to field more than one team in a single age category.

Men 45-54 (4) "B" Team	Men 45-54 (4) "C" Team	Men 55-64 (3) "B" Team
Evatt Cummings 19:29	Terry Caveney 20:34	Michael Cranwell 20:31
Paul Chapman 21:46		Paul Coker 18:54
Gerry Crispie 22:01		Mick McGeoch 19:07
Kevin Jones 19:59		
41 (of 41) in 1:23:15		14 (of 29) in 58:32
1 st : Leicester Cor 1:04:44	1 st : Leicester Cor 1:04:44	1 st : Woodford Green 51:50

26th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 18 May 2013 (all run 3 miles)**

Men 35-44 (8)	Men 45-54 (6)	Men 55-64 (4)
Graham Breen 15:28	Martin Williams 17:00	Elio Lepore 17:52
Stuart Crees 16:21	Paul Morris 18:50	Paul Coker 18:43
Nick Dukes 16:44	Richard Bullen 17:45	Mike Murphy 18:41
Julian Baker 16:31	Davey Proud 18:58	David James 17:53
Matt Hurford 16:59	Richard Self 18:48	
Rob Sage 16:00	Brian Richardson 25:59	
Martin Rees 15:55		
Phil Cook 16:00		
BRONZE(of 25)in2:09:58	20 (of 22) in 1:57:20	GOLD (of 19) in 1:13:09
1 st : ThamesH&H 2:06:56	1 st Leicester Cor. 1:38:07	1 st Les Croups 1:13:09

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Claire Beatty 18:43	Susan Watson 19:46	Edwina Turner 24:19
Nicky McWilliam 19:42	Yvonne Bullen 22:45	Caroline Dallimore 23:24
Joanne Tucker 20:45	Jane Coker 20:08	Ann James 23:13
Helen Jessop 19:20		
7 (of 18) in 1:18:30	6 (of 14) in 1:02:39	6 (of 8) in 1:10:56
1 st : Serpentine 1:14:36	1 st : Winchester 55:34	1 st : Bingley 1:04:35

25th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 12 May 2012 (all run 3 miles)**

Men 35-44 (8)	Men 45-54 (6)	Men 55-64 (4)
Julian Baker 15:59	Martin Williams 16:53	Sandy Johnston 18:50
Chris Cobbold 15:46	Paul Coker 18:15	Mick Tabor 19:23
Gareth Lynch 17:05	Richard Bullen 17:16	Howard Brown 24:06
Matt Hurford 17:15	Dave Coles 18:52	Mike Davies 20:12
Nick Dukes 16:50	Dave E Williams 19:56	
Phil Cook 17:02	Paul Morris 19:51	
Rob Sage 16:25		
Huw Evans 15:58		
7 (of 21) in 2:12:20	14 (of 23) in 1:51:03	17 (of 22) in 1:22:31
1 st : Highgate 2:07:29	1 st Leicester Cor. 1:37:48	1 st Oxford City 1:12:00

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)	Ladies 65+ (3)
Julia Becker 20:55	Veronica Singleton 21:30	Ann James 22:32	Clare Johnson 27:36
Frances Machin 21:48	Yvonne Bullen 22:07	Caroline Dallimore 23:06	Annie Conroy 26:34
Joanne Tucker 21:04	Jane Coker 19:21	Edwina Turner 22:31	Ruth Collishaw 29:35
Helen Jessop 19:54			
7 (of 15) in 1:23:41	6 (of 14) in 1:02:58	4 (of 9) in 1:08:09	GOLD (of 1) in 1:23:45
1 st : Telford AC 1:15:20	1 st : Dulwich 58:30	1 st : Wolds Vets 1:03:21	1 st : Les Croups 1:23:45

24th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 21 May 2011 (all run 3 miles)**

Men 35-44 (8)	Men 45-54 (6)	Men 55-64 (4)
Jerome Edwards 15:44	Scott Howell 17:12	Mike Murphy 18:40
Nick Dukes 16:20	David Coles 18:14	JerryCleall-Harding 18:19
Matt Hurford 17:10	Gerard Crispie 19:30	John O'Shea 18:11
Alun Jones 18:44	Ben Farag 17:53	Mick McGeoch 17:54
Alex Capleton 19:43	Paul Coker 18:18	
Davey Proud 19:04	Brian Richardson 17:40	
Gareth Rees 20:21		
Phil George 18:51		
18 (of 24) in 2:25:57	10 (of 26) in 1:48:47	4 (of 21) in 1:13:04
1 st : Cambuslang 2:08:45	1 st Leicester Cor. 1:39:54	1 st Salford 1:09:04

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Sarah McCarthy 20:11	Wendy Boon 21:03	Ann James 23:38
Sara McLoughlin 22:32	Gill Kellam 22:26	Clare Johnson 26:11
Joanne Tucker 21:11	Jane Coker 19:29	Caroline Dallimore 22:31
Glenda Edwards 24:06		
12 (of 17) in 1:28:00	4 (of 12) in 1:02:58	SILVER(of 4) in 1:12:20
1 st : Telford AC 1:10:47	1 st : Bristol & West 59:55	1 st : Westbury 1:12:01

23rd National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 15 May 2010 (all run 3 miles)**

		Men 50-59 (6)	Men 60-69 (3)
		Paul Coker 17:49	Mike Davies 19:34
		Elio Lepore 18:02	Ralph Davey 22:53
		Mike Murphy 18:55	Jeff Aston 21:43
		John O'Shea 18:08	
		Nick Rees 18:05	
		Mick McGeoch 17:22	
		12 (of 32) in 1:48:21	27 (of 38) in 1:04:10
		1 st Cambuslang 1:40:56	1 st : Barnet & Dist. 53:19

	Ladies 45-54 (3)	Ladies 55-64 (3)
	Veronica Singleton 20:34	Edwina Turner 22:18
	Yvonne Bullen 21:44	Clare Johnson 25:24
	Jane Coker 19:21	Caroline Dallimore 22:10
	6 (of 12) in 1:01:39	4 (of 8) in 1:09:52
	1 st : Windsor 57:22	1 st : Wolds Vets 1:06:36

22nd National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 16 May 2009 (all run 3 miles)**

Men 35-39 (4)	Men 40-49	Men 50-59 (6)	Men 60-69 (3)
Phil George 16:31	Richard Bullen 16:39	Nick Rees 18:22	Howard Brown 22:46
Dave J Williams 16:09	Scott Howell 17:32	Elio Lepore 18:14	Mel James 22:20
Matt Hurford 18:13	Mike Davies 19:37	Mike Murphy 18:51	John Plain 19:51
David Lloyd 20:29	Dave Coles 17:20	Mick Tabor 17:45	
	Alan Mann 21:07	Mick McGeoch 17:29	
	Matt Townsend 18:06	Paul Coker 18:27	
	Lee Aherne 16:02		
	Phil Cook 15:56		
20 (of 23) in 1:11:22	21 (of 34) in 2:22:19	15 (of 30) in 1:49:08	23 (of 28) in 1:04:57
1 st Salford H 1:02:00	1 st Herne Hill 2:05:38	1 st Oxford City 1:42:44	1 st : Oxford City 53:22

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Jo Pritchard 19:31	Gill Kellam 21:17	Ann James 22:36
Judi Rhys 21:30	Veronica Singleton 20:31	Annie Conroy 25:19
Yvonne Bullen 20:46	Jane Coker 19:35	Edwina Turner 22:17
Gill Murphy 26:18		
17 (of 18) in 1:28:05	6 (of 12) in 1:01:23	5 (of 5) in 1:10:12
1 st Bingley 1:12:57	1 st : Reading RR 54:06	1 st : Cannock & S:1:01:48

21st National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 17 May 2008 (all run 3 miles)**

Men 35-39 (4)			Men 60-69 (3)
Matt Townsend 17:11			Jeff Aston 20:17
Dave J Williams 15:54			Gary Hyatt 21:16
Paul Coker 17:43			Mel James 21:26
Phil Cook 15:49			
4 (of 8) in 1:06:37			20 (of 27) in 1:02:59
1 st :North Shields 1:03:22			1 st : Elswick H 52:40

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Jo Pritchard 19:17	Gill Kellam 20:57	Edwina Turner 21:58
Jude Cassam 21:04	Wendy Boon 20:22	Sue Neal 23:36
Yvonne Bullen 21:10	Jane Coker 19:39	Ann James 21:39
Libby O'Duffy 19:35		
9 (of 17) in 1:21:06	4 (of 9) in 1:00:58	SILVER(of 4) in 1:07:13
1 st : Birchfield 1:09:56	1 st : Reading RR 55:29	1 st : Dulwich 1:01:14

20th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 12 May 2007 (all run 3 miles)**

Men 35-39 (4)	Men 40-49 (8)	Men 50-59 (6)	Men 60-69 (3)
Phil Cook 16:52	Richard Bullen 16:19	Mick McGeoch 17:16	Jeff Aston 19:58
Simon Nurse 18:16	Peter Kellam 17:40	Mick Tabor 17:16	Ralph Davey 22:33
Matt Townsend 17:27	John Diffey 18:24	Dave Bright 19:07	Mel James 20:55
Kelvin Sullivan 19:00	Tim O'Sullivan 19:39	Mike Davies 19:02	
	Alan Mann 20:27	Elio Lepore 19:01	
	Steve Owen 19:22	John Plain 18:52	
	Des Davies 21:28		
	Terry Caveney 18:48		
12 (of 12) in 1:11:35	35 (of 36) in 2:32:07	17 (of 30) in 1:50:34	15 (of 23) in 1:03:26
1 st Salford H 1:02:00	1 st Bristol & W 2:05:13	1 st Telford 1:41:29	1 st : Oxford City 53:59

Ladies 35-44 (4)	Ladies 55-64 (3)
Yvonne Bullen 21:01	Sue Neal 23:18
Gill Kellam 21:40	Ann James 21:45
Sarah McCarthy 20:39	Ruth Collishaw 25:59
Libby O'Duffy 20:05	
13 (of 21) in 1:23:25	5 (of 8) in 1:11:02
1 st Birchfield 1:11:56	1 st : Wolds Vets:1:02:02

19th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 20 May 2006 (all run 3 miles)**

Men 35-39 (4)	Men 40-49 (8)	Men 50-59 (6)	
Stuart Reeves 17:01	Gareth Thomas 15:52	Barry Johnston 17:09	
Matt Townsend 17:38	Richard Bullen 16:26	Keith Quinn 19:43	
Alan Mann 19:54	Peter Kellam 17:20	Jeff Aston 20:39	
Tim O'Sullivan 20:20	Scott Howell 17:51	John O'Shea 18:59	
	Mick Tabor 17:50	Kelvin Sullivan 18:33	
	Paul Coker 17:53	Mick McGeoch 18:57	
	David Coles 19:09		
	Paul Morris 19:02		
12 (of 13) in 1:14:53	24 (of 44) in 2:21:23	23 (of 36) in 1:54:00	
1 st : Liverpool 1:03:39	1 st : Bristol & W 2:04:41	1 st : Blackheath 1:42:45	

Ladies 35-44 (4)	Ladies 45-54 (3)	Ladies 55-64 (3)
Yvonne Bullen 20:21	Veronica Singleton 19:44	Sue Neal 22:40
Liz Clarke 21:31	Julie Scholey 20:21	Clare Johnson 24:43
Carol Miller 20:59	Jane Coker 19:51	Ann James 21:42
Lindsey Emyr 19:21		
10 (of 18) in 1:22:12	BRONZE(of 12)in 59:56	SILVER(of 4) in 1:09:05
1 st : Shaftesbury 1:11:15	1 st : Falkirk Vict. 55:40	1 st : Bingley 1:04:25

18th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 21 May 2005 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)	Men 60-69 (3)	
Mick McGeoch 16:36	Keith Quinn 18:28	Mel James 21:10	
Gareth Thomas 16:07	Mike Davies 19:13	Cled Jones 22:58	
Scott Howell 17:54	Martin Clissold 17:31	Mal Farnham 23:00	
Richard Bullen 15:48	Kelvin Sullivan 18:07		
Steve Owen 19:00	Elio Lepore 18:40		
David Lloyd 18:44	Des Davies 20:04		
Tim O'Sullivan 19:09			
David Coles 17:30			
32 (of 55) in 2:20:48	23 (of 43) in 1:52:03	24 (of 28) in 1:07:08	
1 st : Bristol & W 2:03:09	1 st : Oxford City 1:41:15	1 st : Clydesdale 52:35	

Ladies 35-44 (3)	Ladies 45-54 (3)	Ladies 55-64 (3)	
Jo Pritchard 19:11	Julie Scholey 19:33	Annie Conroy 24:22	
Yvonne Bullen 20:38	Sue Neal 22:44	Clare Johnson 25:08	
Tessa Gould 20:22	Julie Lewis 20:51	Ruth Collishaw 23:26	
15 (of 28) in 1:00:11	8 (of 17) in 1:03:08	BRONZE (of 4) in 1:12:56	
1 st Shaftesbury 51:28	1 st : Wrexham 57:04	1 st : Coventry 1:07:14	

17th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 22 May 2004 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)	Men 60-69 (3)	
Mick McGeoch 16:25	Jeff Aston 17:50	Mel James 20:50	
Scott Howell 17:28	Mike Davies 19:06	Cled Jones 22:01	
Richard Bullen 15:25	Keith Quinn 18:38	Mal Farnham 22:45	
Ben Farag 17:42	Gary Hyatt 19:44		
Steve Lewis 18:13	John Plain 18:02		
David Miller 18:12	Rob Evans 18:38		
Richie Sewell 18:12			
Kelvin Sullivan 18:16			
34 (of 63) in 2:19:53	27 (of 41) in 1:51:58	23 (of 26) in 1:05:36	
1 st : Cambuslang 2:04:16	1 st : Oxford City 1:40:57	1 st : Aldershot 54:41	

Ladies 35-44 (3)	Ladies 45-54 (3)		
Julie Scholey 19:17	Liz Clarke 21:05		
Yvonne Bullen 20:45	Caroline Dallimore 22:23		
Wendy Boon 20:04	Julie Lewis 20:51		
12 (of 26) in 1:00:06	12 (of 19) in 1:04:19		
1 st Liverpool 52:41	1 st : City of Bath 55:44		

16th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 17 May 2003 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)	Men 60-69 (3)	
Scott Howell 18:00	Jeff Aston 18:21	Cled Jones 21:48	
Richard Bullen 15:27	Des Davies 19:52	Mal Farnham 23:23	
Barry Johnston 17:10	Mel James 19:33	Alan Bladen 26:13	
David Lloyd 19:15	Gary Hyatt 19:51		
Graeme Donnan 19:03	Dave Walsh 21:37		
David Miller 17:58	John Plain 18:13		
Richard Brewer 20:07			
Alan Mann 20:19			
47 (of 58) in 2:27:19	38 (of 47) in 1:57:27	18 (of 19) in 1:11:24	
1 st : Cambuslang 2:03:22	1 st : Invicta 1:41:10	1 st : Bingley 53:48	

Ladies 35-44 (3)	Ladies 45-54 (3)	Ladies 55-64 (3)	
Julie Scholey 18:53	Liz Clarke 21:45	Annie Conroy 22:37	
Wendy Boon 19:57	Mal Rowson 25:14	Clare Johnson 23:59	
Yvonne Bullen 20:02	Sue Neal 22:01	Ruth Collishaw 22:18	
10 (of 26) in 58:52	17 (of 21) in 1:09:00	BRONZE (of 5) in 1:08:54	
1 st Shaftesbury 52:18	1 st : Cannock & St. 58:45	1 st : Serpentine 1:03:44	

15th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 18 May 2002 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)	Ladies 35-44 (3)	Ladies 45-54 (3)
Scott Howell 17:50	Mike Davies 18:26	Yvonne Bullen 19:21	Sue Neal 21:58
Dave Headon 17:11	Des Davies 19:09	Edwina Turner 19:13	Jane Blacker 27:36
Dick Brewer 19:42	Jeff Aston 18:17	Wendy Edwards 18:18	Mal Rowson 25:26
Richard Bullen 15:17	John Plain 18:50		
Mick McGeoch 16:03	Mel James 19:22		
David Lloyd 18:44	Gary Hyatt 19:39		
Terry Caveney 18:16			
Kelvin Sullivan 17:50			
40 (of 63) in 2:20:53	24 (of 39) in 1:53:43	7 (of 26) in 56:52	11 (of 11) in 1:15:00
1 st : Brighton 2:06:59	1 st : Stockport 1:42:10	1 st Bristol 53:43	1 st : Redhill 58:52

14th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 12 May 2001 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)		
Nigel Webb 16:21	Keith McGeoch 17:12		
John Crofts 18:03	Mel James 19:01		
Dave Coles 17:24	Des Davies 19:17		
Richard Bullen 15:19	Ray Donovan 20:55		
Dave Powell 16:53	Keith Quinn 18:29		
Mick McGeoch 16:02	Ian Law 19:39		
Dave Headon 16:46			
Barry Johnston 16:44			
14 (of 53) in 2:13:32	31 (of 39) in 1:54:33		
1 st : Swansea 2:05:18	1 st : Oxford City 1:39:56		

Ladies 35-44 (3)	Ladies 45-54 (3)	Ladies 55-64 (3)	
Yvonne Bullen 19:43	Angela Neal 25:46	Annie Conroy 23:10	
Glenda Edwards 19:44	Carolyn Llewellyn 28:43	Clare Johnson 24:45	
Wendy Edwards 18:39	Mal Rowson 25:23	Ruth Collishaw 25:03	
10 (of 28) in 58:06	12 (of 12) in 1:19:52	SILVER (of 3) in 1:12:58	
1 st Bristol 53:14	1 st : Redhill RR 58:07	1 st : Shaftesbury 1:11:53	

13th National Masters Road Relay Championships**Heaton Park, Manchester****Saturday 20 May 2000 (all run 3 miles 90 yards)**

Men 40-49 (8)	Men 50-59 (6)	Men 60-69 (3)	Ladies 35-44 (3)
Keith Quinn 16:59	Des Davies 18:57	Alan Bladen 22:49	Wendy Edwards 18:48
John Crofts 17:48	Wayne Turner 20:36	Mal Farnham 21:57	Delyth Jones 18:04
Paul Morris 18:58	Mel James 18:51	Cled Jones 21:26	Edwina Turner 19:06
Keith McGeoch 17:21	Dave Roberts 20:07		
Paul Smith 16:42	John Plain 17:56		
Mick McGeoch 16:11	Dave Walsh 19:13		
Barry Johnston 17:10			
Kelvin Sullivan 17:39			
30 (of 50) in 2:18:48	21 (of 33) in 1:55:40	18 (of 21) in 1:06:12	6 (of 23) in 55:58
1 st : Westbury 2:06:09	1 st Oxford City 1:40:21	1 st : Stockport 57:42	1 st Derby Ladies 55:06

Course records at Heaton Park:

Men: Martin Rees (1996) 14:45.

Ladies: Janet Holt (1992) and Heather Knight (2000) 16:42.

12th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 22 May 1999 (all run 3 miles)**

Men 40-49 (8)	Men 50-59 (6)	Ladies 35-44 (3)	Ladies 45-54 (3)
Rob Evans 15:58	Dave Walsh 18:54	Glenda Edwards 18:56	Clare Johnson 23:40
Keith Quinn 16:39	Jeff Aston 17:24	Wendy Edwards 17:53	Susan Davies 20:37
Martin Pinnell 17:34	Gary Hyatt 19:15	Edwina Turner 17:53	Sue Neal 21:04
Keith McGeoch 16:19	Mel James 18:21		
Paul Smith 16:08	Graham Davey 19:50		
Mick McGeoch 15:27	John Plain 17:40		
Barry Johnston 16:48			
Kelvin Sullivan 16:44			
16 (of 62) in 2:11:37	32 (of 41) in 1:51:24	GOLD (of 22) in 54:42	9 (of 12) in 1:05:21
1 st : Cambuslang 2:05:07	1 st : Oxford City 1:38:34	1 st : Les Croups 54:42	1 st : Redhill 55:44

11th National Masters Road Relay Championships**Rushmoor Arena, Aldershot****Saturday 16 May 1998 (all run 6 kms)**

Men 40-49 (8)		Ladies 35-44 (3)	Ladies 45-54 (3)
Rob Evans 20:34		Wendy Edwards 22:46	Clare Johnson 29:14
Jerry Cleall-Harding 21:49		Liz Clarke 24:05	Susan Davies 24:25
Keith McGeoch 20:36		Edwina Turner 23:08	Sue Neal 26:32
Eero Keranen 19:47			
Paul Smith 19:59			
Mick McGeoch 19:44			
Sandy Johnston 20:53			
Kelvin Sullivan 21:32			
6 (of 40) in 2:44:54		BRONZE (of 17) in 1:09:59	6 (of 11) in 1:20:11
1 st : Brighton 2:39:32		1 st : Shaftesbury 1:09:24	1 st : Epsom & E 1:15:03

10th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 17 May 1997 (all scheduled to run 3 miles exactly – but turnaround cone wrongly placed)**

Men 40-49 (8)	Men 50-59 (6)	Ladies 35-44 (3)	Ladies 45-54 (3)
Keith McGeoch 17:40	Chris Pineda 19:47	Wendy Edwards 18:59	Susan Davies 21:50
Keith Quinn 17:50	Eddy Amblin 18:22	Julie Scholey 19:44	
Martin Pinnell 18:19	Jeff Aston 19:08	Edwina Turner 19:36	
Martin Clissold 18:57	Mel James 19:56		
Phil Ellis 18:28	Wayne Turner 20:52		
Paul Smith 17:05	Eddy Diamond 20:21		
Kelvin Sullivan 18:29			
Mick McGeoch 16:45			
21 (of 69) in 2:23:33	18 (of 40) in 1:58:26	GOLD (of 31) in 58:19	
1 st : Redhill 2:15:46	1 st : Bingley 1:49:14	1 st : Les Croups 58:19	

9th National Masters Road Relay Championships**Heaton Park, Prestwich, Manchester****Saturday 18 May 1996 (all run 3 miles 90 yards)**

Men 40-49 (8)	Men 50-59 (6)	Ladies 35-44 (3)	Ladies 45-54 (3)
Rob Evans 16:25	Dave Walsh 18:01	Jane Coker 18:52	Sue Neal 20:47
Sandy Johnston 16:47		Julie Scholey 20:15	Carolyn Llewellyn 27:20
Mick McGeoch 15:34		Liz Clarke 19:05	Mal Rowson 23:09
Keith Quinn 16:42		7 (of 20) in 58:12	13 (of 13) in 1:11:16
John Plain 16:58		1 st Macclesfield 55:06	1 st Bingley 58:47
Paul Mussa 17:07			
Martin Pinnell 16:38			
Kelvin Sullivan 17:07			
14 (of 76) in 2:13:18			
1 st : Swansea 2:06:28			

8th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 20 May 1995 (all run 3 miles 8 yards)**

(Times below are as appeared in ACE, running order unknown)

Men 40-49 (8)	Men 50-59	Ladies 35-44 (3)	Ladies 45-54 (3)
Paul Smith 15:18	Mel James 18:46	Liz Clarke 18:29	Mal Rowson 22:08
Rob Evans 16:08	Mal Farnham 19:15	Jane Coker 18:46	Carolyn Llewellyn 25:02
Kelvin Sullivan 16:15	Doug Mends 19:37	Sue Neal 20:33	Carol Britton 26:34
Jerry Cleall-Harding 17:03	Alan Bladen 20:32		
Tim Walby 17:21	John Griffin 20:46		
John Plain 17:39	Derek Williams 22:46		
Jeff Aston 17:55			
Dave Walsh 18:02			
35 (of 87) in 2:15:41	44 (of 46) in 2:01:43	12 (of 25) in 57:48	10 in 1:13:44
1 st Swansea 2:05:57	1 st Hallamshire 1:39:24	1 st Border 53:50	1 st Hallamshire 58:48

6th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 8 May 1993 (all run 3 miles 8 yards)**

(Times below are as appeared in ACE, running order unknown)

Men 40-49 (8)	Men 50-59 (6)		Ladies (4)
Phil Widdison 16:13	Dave Walsh 17:24		Sue Neal 19:21
Jeff Aston 16:43	Bob Morteo 18:16		Ruth Collishaw 19:40
Rob Evans 16:46	Mal Farnham 19:11		Becky Forster 20:39
Eddie Amblin 16:47	Derek Williams 19:21		Kay Pritchard 20:58
Trevor McKenzie 16:51	Alan Bladen 19:45		9 (of 28) in 1:20:38
Eddie Diamond 17:05	Cled Jones 20:00		1 st City of Bath 1:13:28
John Plain 17:06			
Jerry Cleall-Harding 17:17			
37 (of 80) in 2:14:48	37 (of 44) in 1:48:47		
1 st : Tipton H 2:05:09	1 st Bingley 1:42:06		

4th National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 11 May 1991 (all run 3 miles 8 yards)**

Men 40-49 (8)			Ladies
John Plain 16:44			Jo Clarkson 18:48
Dave Walsh 16:15			Linda Morrison 20:11
Jeff Aston 16:47			Edwina Turner 19:54
Elwyn Davies 16:05			Ruth Collishaw 19:30
Colin Reynolds 17:28			8 (of 25) in 1:18:23
Eddie Amblin 18:07			1 st Westbury 1:14:20
Alan Bladen 18:23			
Mel James 17:53			
47 (of 83) in 2:17:42			
1 st : Aldershot FD 2:06:12			

3rd National Masters Road Relay Championships**Rushmoor Arena, Aldershot****Saturday 13 May 1990 (all run 4 miles)**

Men 40-49 (8)			Ladies
Howard Brown 24:04			Sue Neal 25:43
Jeff Aston 21:21			Ruth Collishaw 25:56
Dave Walsh 22:35			Edwina Turner 26:08
John Plain 22:23			Mal Rowson 28:47
Bob Morteo 22:34			7 (of 21) in 1:46:34
Mel James 23:03			1 st Aldershot FD 1:38:51
Eddie Diamond 23:06			
Phil Widdison 22:07			
28 (of 58) in 3:01:13			
1 st : Oxford City 2:48:15			

2nd National Masters Road Relay Championships**Sutton Park, Sutton Coldfield****Saturday 13 May 1989 (all run 3 miles 8 yards)**

Men 40-49 (8)			Ladies (4)
			4 in 1:16:54
			1 st Westbury 1:12:18
49th			
1 st : Aldershot FD 2:04:53			

1st National Masters Road Relay Championships**Tring****Saturday 22 May 1988 (all run 2 miles 1524 yards)**

Men 40-49 (8)	Men 50-59	Ladies	"B" Team
	Doug Mends 17:39	Sue Neal 17:23	Mal Rowson 20:40
	Alan Bladen 16:12	Sonya Moore 19:53	Anne Donald 23:07
	Derek Williams 16:47	Edwina Turner 19:07	Val Aston 21:41
	Errol Alexis 18:10	Ruth Collishaw 17:46	Carolyn Llewellyn 20:25
	Ken Bray 19:11	SILVER (of 23) 1:14:09	16 (of 23) in 1:25:53
	Cledwyn Jones 18:15	1 st Arena 80: 1:09:58	1 st Arena 80: 1:09:58
	12 (of 32) in 1:46:14		
	1 st : Barnet 1:40:44		
44 (of 75) in 2:13:12			
1 st : Aldershot FD 1:56:27			