

Old Father Time 5 miles - 31 December 2017

Position	Athlete	Club	Act. Age	Age Cat.	Time
1	James Thie	Cardiff AAC	39	M35	26:28:00
2	Richard Jackson-Hookins	Penarth & Dinas	36	M35	26:51:00
3	Aled Hughes	Aberystwyth	40	M40	27:08:00
4	Richard Baker	Les Croupiers	47	M45	27:17:00
5	David John Williams	Les Croupiers	36	M35	27:17:00
6	Ben Butler-Madden	Penarth & Dinas	36	M35	27:21:00
7	Simon Lewis	Pontypridd Roadents	40	M40	27:35:00
8	Marc Turner	Halesowen	44	M40	28:07:00
9	Stephen Bartlett	Pontypridd Roadents	50	M50	28:31:00
10	Huw Evans	Les Croupiers	45	M45	28:46:00
11	Andrew Blair	Les Croupiers	53	M50	29:10:00
12	Stuart Crees	Les Croupiers	40	M40	29:13:00
13	Mark Horsman	Cardigan RC	39	M35	29:17:00
14	Gary Brown	Penarth & Dinas	36	M35	29:38:00
15	Jason Price	Llanelli	48	M45	29:40:00
16	Alan Davies	Llanelli	65	M65	29:41:00
17	Simon Miles	Pontypridd Roadents	42	M40	30:05:00
18	David James	Les Croupiers	60	M60	30:08:00
19	Keith James	Pontypridd Roadents	43	M40	30:24:00
20	Julian Boon	Forest of Dean AC	48	M45	30:29:00
21	Laurence Pole	Pontypridd Roadents	43	M40	30:37:00
22	Llinos Jones	Amman Valley	36	F35	30:44:00
23	Philip Williams	Pontypridd Roadents	40	M40	31:02:00
24	Dave Lowthian	Forest of Dean AC	51	M50	31:22:00
25	Richard Bullen	Les Croupiers	57	M55	31:31:00
26	Vincent Nazareth	Les Croupiers	56	M55	31:40:00
27	Daniel Luffman	Les Croupiers	44	M40	31:42:00
28	Johnny Lam	San Domenico	44	M40	31:44:00
29	David Coles	Les Croupiers	58	M55	32:37:00
30	David Proud	Les Croupiers	50	M50	32:46:00
31	David Saunders	Unattached	35	M35	32:52:00
32	Nicola Jukes	Parc Bryn Bach	47	F45	33:03:00
33	John Hill	Halesowen	66	M65	33:05:00
34	Richard Davies	Les Croupiers	51	M50	33:25:00
35	Huw Roberts	Bridgend	60	M60	33:49:00
36	Andrew Capel	Unattached	43	M40	34:00:00
37	Nathaniel Palmer	Les Croupiers	47	M45	34:24:00
38	David Place	Unattached	54	M50	34:29:00
39	Simon Carlidge	Unattached	46	M45	34:33:00
40	Robert Parker	Pontypridd Roadents	35	M35	34:35:00
41	Libby Crees	Les Croupiers	49	F45	34:36:00
42	Mick McGeoch	Les Croupiers	62	M60	34:41:00
43	Deb Chick	Port Talbot Harriers	55	F55	34:54:00
44	Joanne Rees	Rhayader	43	F40	35:15:00
45	Catherine Barker	Penarth & Dinas	40	F40	35:34:00
46	Alan Robertson	Forest of Dean AC	63	M60	35:48:00
47	Ruth Cann	Penarth & Dinas	36	F35	36:05:00
48	Philip Vines	Unattached	41	M40	36:27:00
49	Gareth John	Les Croupiers	63	M60	36:28:00
50	Kerri James	Halesowen	46	F45	36:38:00
51	Gwyn Jones	Les Croupiers	52	M50	36:42:00
52	Sarah McCarthy	Les Croupiers	45	F45	36:45:00

53	Stephen Quin	Les Croupiers	46	M45	36:46:00
54	Douglas ?	Unattached	35	M35	36:48:00
55	Rob Evans	Les Croupiers	65	M65	36:48:00
56	Keri Jones	Parc Bryn Bach	46	F45	36:51:00
57	Paul Allen	Halesowen	71	M70	37:02:00
58	Keith McGeoch	Les Croupiers	67	M65	37:24:00
59	Jenny Martin	Les Croupiers	38	F38	37:26:00
60	John Gardener	Pembrokeshire	76	M75	37:30:00
61	Judi Rhys	Les Croupiers	56	F55	37:44:00
62	Martyn Jenkins	Fairwater	56	M55	38:04:00
63	Alan Mason	Les Croupiers	57	M55	38:10:00
64	Kevin Bradfield	Parc Bryn Bach	52	M50	38:13:00
65	Mark Evans	Brackla	54	M50	38:17:00
66	Graham Carrick	Pegasus	53	M50	38:23:00
67	Jeanette Jenkins	Fairwater	56	F55	38:26:00
68	Michelle Amblin	Les Croupiers	42	F40	38:28:00
69	Gemma Hewitt	Forest of Dean AC	35	F35	38:44:00
70	Michael Halsall	Unattached	44	M40	38:46:00
71	Adrian Mathias	Agile Therapy Run	52	M50	38:53:00
72	Graham Webster	Les Croupiers	60	M60	38:59:00
73	Brian Gough	Pontypridd Roadents	76	M75	39:00:00
74	Yvonne Bullen	Les Croupiers	53	F50	39:02:00
75	Geoff Jones	Unattached	52	M50	39:19:00
76	Phillip Payne	Unattached	54	M50	39:24:00
77	Andrea Webster	Les Croupiers	60	F60	39:42:00
78	Gareth Jones	Chepstow Harriers	70	M70	40:03:00
79	Steven Preddy	Les Croupiers	48	M45	40:12:00
80	Rafal Rozniakowski	Unattached	32	MSEN	40:24:00
81	Dave Hebbes	Unattached	68	M65	41:25:00
82	Sally Groves	Pegasus	54	F50	41:48:00
83	Gerry Crispie	Les Croupiers	56	M55	41:48:00
84	Natalie Cartledge	Unattached	47	F45	42:08:00
85	Ralph Davey	Les Croupiers	73	M70	42:24:00
86	Erik Danielsen	Unattached	52	M50	42:41:00
87	Brenda Avery	Chepstow Harriers	67	F65	42:59:00
88	David George	Les Croupiers	49	M45	42:59:00
89	Huw Parry	Les Croupiers	60	M60	43:01:00
90	Firouz Mal	Les Croupiers	60	M60	43:03:00
91	Dan Groves	Pegasus	48	M45	43:10:00
92	Graeme Donnan	Les Croupiers	64	M60	43:13:00
93	Frank Williams	Les Croupiers	64	M60	43:20:00
94	Claire Bell	Les Croupiers	54	F50	43:30:00
95	Christie Coleman	Unattached	51	F50	43:34:00
96	Richard Street	Pegasus	63	M60	43:38:00
97	Jo Powell	Unattached	44	F40	43:39:00
98	Rachel Higginson	Les Croupiers	37	F35	43:58:00
99	Tina Rossiter	Les Croupiers	56	F55	44:01:00
100	Glenda Edwards	Les Croupiers	54	F50	44:03:00
101	Paula Kennedy	Unattached	48	F45	44:26:00
102	Rachael Finlayson	Unattached	46	F45	44:31:00
103	Loretta Daley	Les Croupiers	51	F50	44:33:00
104	Richard Brown	Unattached	67	M65	44:44:00
105	David Capel	Unattached	68	M65	44:54:00
106	John Payne	Les Croupiers	52	M50	45:42:00
107	Stuart Ball	Les Croupiers	40	M40	45:43:00
108	Julie Broughton	Les Croupiers	51	F50	46:04:00

109	Luke Heslop	Pegasus	40	M40	46:05:00
110	Karen Elvers	Chepstow Harriers	46	F45	46:21:00
111	Elizabeth Randall	Les Croupiers	36	F35	46:39:00
112	David McDonald	Les Croupiers	49	M45	46:40:00
113	Ceri Tapper	Pontypridd Roadents	48	F45	47:00:00
114	Geoffrey Bayliss	Chepstow Harriers	71	M70	47:42:00
115	Jane Bayliss	Chepstow Harriers	65	F54	48:22:00
116	Helen Williams	Unattached	36	F35	48:27:00
117	Ian Swanson	Port Talbot Harriers	67	M65	48:29:00
118	Geoff Wright	Les Croupiers	68	M65	48:35:00
119	Alan Mann	Les Croupiers	60	M60	48:47:00
120	Jon Martin	Les Croupiers	40	M40	49:01:00
121	Lisa Davies	Unattached	44	F40	49:23:00
122	Jeff Aston	Les Croupiers	70	M70	49:54:00
123	Lisa Williams	Pontypridd Roadents	44	F40	50:07:00
124	Laura Coombes	Les Croupiers	41	F40	50:42:00
125	Catrin Evans	Les Croupiers	44	F40	51:03:00
126	Colin Crookes	Pegasus	62	M60	52:45:00
127	Phil Groves	Pegasus	57	M55	52:46:00
128	Syd Wheeler	Chepstow Harriers	80	M80	53:32:00
129	Tracey Newman	Les Croupiers	47	F45	54:31:00
130	Helen Hubback	Les Croupiers	45	F45	54:41:00
131	Claire George	Les Croupiers	46	F45	54:41:00
132	John Gordon	D&SH	64	M60	55:25:00
133	Yusuf Rangoonwala	Les Croupiers	39	M35	61:13:00